

Summer Professional Practice after the 2nd year Faculty of Medical Sciences, Master Degree Program in the

GENERAL PRACTITIONER (GP) OFFICE

Program and Regulations

After **second year** of medicine master studies program, every student is obliged to undergo 120 hours (i.e. 4 weeks) of summer professional practice including: 90 hours (3 weeks) in the **General Practitioner Office** and 30 hours (1 week) in **Emergency Department**.

Summer Professional Practice is realized within summer months (**July 3rd – September 3rd, 2017**) and is in full-time 6 hours (hours. 7:00 - 13:00 or 8:00 - 14:00). In addition, every student can take two duty hours in each of the departments between the hours of 14:00 and 20:00. After the afternoon duty student is exempt from duty on the next day. During the duty student is required to assist the physician at work in all activities and medical procedures. The student takes part in the admission of patients, performs / assists during procedures, attends medical appointments in the afternoon.

Summer Professional Practice in the **General Practitioner Office** and **Emergency Department** is aimed on acquiring, improving and strengthening the practical skills and learning outcomes achieved during the first two years of study, including performance in daily activities. In addition, summer professional practice enables and requires active part in medical procedures and responsibilities.

Professional practice must take place in the accredited General Practitioner Office and Emergency Departments.

At the end of the summer professional practice student is required to write a one-page (about 400 - 500 words) essay after each cycle - **General Practitioner Office** and **Emergency Department**, about the professional and / or unprofessional behaviors that student met during the summer professional practice. Apart from the professional and / or unprofessional behaviors, students should include their personal reflections. The essay is evaluated by the coordinator of summer professional practice for 2nd year, **Mr Rakesh Jalali, MD, PhD.**

Supervision of student:

Supervisor of summer practice is chosen by the head of the clinic / ward. The Supervisor of practice is responsible for:

- implementation of the summer practice program;
- evaluation of summer practice by grading the individual skills and treatments
- evaluation of the student reliability and professionalism.

The student is under direct supervision of the doctor, chosen by the head of the clinic / ward.

After the practice the student is obliged to write essays (each of 400-500 words) after each of cycles – **General Practitioner Office** and **Emergency Department**, the essays should be dedicated to professional and unprofessional behavior that he or she observed during the practice, own thoughts.

The final evaluation and completion of the summer practice is made by the coordinator of the summer practice **Mr Rakesh Jalali, MD, PhD** chosen by the Dean of the Faculty of Medical Sciences. In all contentious issues the student may contact the above named coordinator of summer practice.

All other questions and problems are solved by Vice Dean for Education, **Mr Rakesh Jalali, MD, PhD.** During the summer practice the student can be inspected by the authorities of Faculty or University.

The student is required to mark in his/her individual summer practice record book all performed activities and treatments as well as all the skills acquired during summer practice. Implementation of any of the above mentioned activities, treatments and procedures must be approved by the signature of the person who supervised the execution of the procedure (nurse, ward nurse, physician) and must be evaluated on below scale:

For each ability a student receives from 0-2 points, where:

0 points – lack of or incorrect implementation of abilities/procedures

1 point – the ability/procedure is partially or incorrectly implemented, but satisfactorily

2 points – the ability /procedure is correctly implemented

Professionalism of a student is also assessed during practices:

0 points – student proceeds and behaves unprofessionally

1 point – student proceeds and behaves satisfactorily

2 points – student proceeds and behaves professionally

For professionalism the student receives the grades:

5.0. – **very good** – when he/she receives 30-27 points

4.0. – **good** – when he/she receives 26-21 points

3.0. – satisfactory – when he/she receives 20-15 points

2.0. – **insufficient** – when he/she receives 14 points and less

A student may receive the given grades for Summer Practices in the field of **General Practitioner Office:**

- **2.0 insufficient, no/incorrect procedure** implementation of 5% or less abilities/procedures (70 points and less), lack of professionalism (less than 15 points), lack or incomplete essay
- 3.0 satisfactory-the abilities (79-65 points) + professionalism on satisfactory level (20-15 points), an essay
- 4.0 good the abilities (100-80) + professionalism on satisfactory level (26-21 points), an essay
- 5.0 very good the abilities (124- 101 points)+ professionalism on the very highlevel (30-27), an essay

A student may receive the given grades for Summer Practices in the field of **Emergency Department:**

- **2.0 insufficient, no/incorrect procedure** implementation of 5% or less abilities/procedures (80 points and less), lack of professionalism (less than 15 points), lack or incomplete essay
- 3.0 satisfactory-the abilities (90-70 points) + professionalism on satisfactory level (20-15 points), an essay
- 4.0 good the abilities (114-91) + professionalism on satisfactory level (26-21 points), an essay
- 5.0 very good the abilities (136-115 points)+ professionalism on the very highlevel (30-27), an essay

Summer practice record book with student individual evaluation skills and procedures card must be submitted to the Dean's Office no later than **15th September 2017**. Failing the summer practice according to the Regulation of study, will effect not passing the second year and the removal from students list.

The requirement to pass summer practice is:

- 1. confirmation of obtained skills, listed in the detailed summer practice program. Every skill or procedure needs to be confirmed with a final grade.
- 2. Additionally, the professionalism and the reliability of the given tasks are also graded.
- 3. Essay

The final grade for the summer practice is total score of the above named grades, issued by the UWM coordinator of summer practice Mr Rakesh Jalali, MD, PhD.

The grade should be also visible in the USOS system.

During the summer practice in the General Practitioner Office after 2nd year of master degree program in medicine, each student is required to:

- 1. get to know specifics of the organization and work in General Practitioner office and treatment room
- 2. understand the basic procedures of the GPO and the powers of its staff working in such areas as reception, examination, diagnosis and care of patient who comes to the clinic (ie keeping records related to the adoption, testing, orders and instructions to the patient, etc., to carry out research subject and object, keeping the pages of history of the disease, diagnosis, treatment, etc.)
- 3. get to know the procedure and the patient registration process and the related documentation, such as the type of filled documents, the system / method of carrying files, etc.
- 4. get to know scope of procedures performed in the treatment room and perform independently on basic ones such as subcutaneous, intradermal, intramuscular, blood etc. and understand the procedures and techniques desmurgy, gypsum application etc
- 5. obey aseptic and antiseptics techniques.
- 6. participation in primary surgery / procedures performed by a physician
- 7. participate in the examination of the patient, including history and physical examination (acquisition and exercise w / the skills)
- 8. acquire and improve communication skills with the patient and the patient's care (empathy, behavior and nonverbal communications, assertiveness)
- 9. participate in the procedures and activities of care, diagnostics and therapy
- 10. analyze / measure patient's vital signs during medical visits (including parameters of pressure, pulse, temperature, urine, defecation, characteristics and features of the secretions, etc.)
- 11. analyze the current state of the patient
- 12. monitor and control the patient with a particular focus on vital signs to participate in the first aid
- 13. keep the medical record in accordance with the applicable rules and procedures
- 14. participate in the elaboration and implementation of medical orders becomes familiar, is involved in completing an individual card orders and medications dosage (prescriptions, type and group of prescribed drugs), etc.
- 15. participate in the preparation and balancing the diet of patients, in promoting a healthy diet and a healthy lifestyle
- 16. participate in the preparation of the patient for a diagnostic test / procedure / operation, and in managing and monitoring the patient after the surgery / operation and after diagnostic tests, etc.
- 17. read the rules for issuing referrals for specialized testing, certification, sick leave, and how to fulfill them
- 18. participate in educational training in the GPO

Basic skills and procedures in the field of General Practitioner Office Part 1 *

| Skills | | Obligatory participation in treatments/ activities | | | Grade | The state of the s | |
|---|----------------------|--|--|-------------------|--------------|--|--|
| | | Independent | with the assistance/ supervision | as an observer | (0-2 points) | Remarks | |
| | | eg hygiene and disinfection | X | | | | |
| | | so called. Surgical hand washing | X | | | | |
| Follows the principles of aseptic and antisept | ric | how to prepare dressings | | | | | |
| | | how to prepare surgery tools/ sterilization | | | | | |
| | | General problems and complaints | | | | | |
| Participates in physical examination (medical history) | | previous history of the disease | | | | | |
| | | Family history | | | | | |
| | | Head | | | | | |
| | | Neck | | | | | |
| Participates in physical examination (physical) | | Chest | | | | | |
| | | abdominal cavity | | | | | |
| | | Limbs | | | | | |
| Participates in completing the pages of history of the disease in the area: | | Medical interview | | | | | |
| | | physical examination | | | | | |
| Performs measurement and monitoring | | Blood pressure | X | | | | |
| | | Pulse | X | | | | |
| | | Temperature | X | | | | |
| Monitors and analyzes / Participates in / | | glucose – using eg. test strips | X | | | | |
| | | perform ECG | X | | | | |
| assess the patient's n condition | | | | | | | |
| | | e state of hydration / dehydration | | | | | |
| | assess daily fluid b | | | | | | |
| | for defici | e the amount necessary to make up ency of liquid | | | | | |
| Understand the basic pathogenesis of disease | | | | | | | |
| Recognizes the core symptoms of the most co | mmon dise | eases | | | | | |

Basic skills and procedures in the field of General Practitioner Office Part 2*

| | | _ | atory parti atments/ a | _ | Grade | |
|--|--|-------------|--|-------------------|--------------|---------|
| Skills | | Independent | with the assistance/ supervision | as an observer | (0-2 points) | Remarks |
| | Balance/periodic examination | | | | | |
| | Baby care | | | | | |
| | Child care | | | | | |
| T | Healthy infant nutrition | | | | | |
| Knows the rules of | healthy child nutrition | | | | | |
| | calculation of the balance of the diet | | | | | |
| | Chest X-ray | | | | | |
| Diagnosis: participates in planning | X-ray abdominal cavity | | | | | |
| | USG | | | | | |
| | CT/MRI | | | | | |
| | ECG | | | | | |
| | imaging tests: chest X-ray | | | | | |
| | X-ray abdominal cavity | | | | | |
| Analyzes / tries to interpret the results of diagnostic | Study: ECG | | | | | |
| tests: | Laboratory | | | | | |
| | Morphology | | | | | |
| | OB | | | | | |
| | Other | | | | | |
| | arterial blood | | | | | |
| | capillary blood | | | | | |
| Knows the rules for taking / protecting material for | venous blood | | | | | |
| diagnostic tests | blood for fungal culture | | | | | |
| | Urine | | | | | |
| | Fluid | | | | | |
| | Swabs | | | | | |
| | Subcutaneous | | | | | |
| Wasses the miles / amount of the first of | administration of insulin: how to use | 1 | | | | |
| Knows the rules / arranges / performs venipuncture and injection | the pen, insulin pump | | | | | |
| and injection | Intradermal | | | | | |
| | Intramuscular | | | | | |
| | peripheral intravenous | | | | | |

Basic skills and procedures in the field of General Practitioner Office Part 3*

| Skills | | _ | tory partici ntments/ acti | | Grade (0-2 points) | Remarks |
|------------------------------|-------------------------------------|-------------|--|-------------------|--------------------|---------|
| | | Independent | with the assistance/ supervision | as an observer | | |
| | basic procedures performed by a | | | | | |
| | physician | | | | | |
| Participates in / performs: | drainage of the pleural cavity** | | | | | |
| | drainage of the peritoneal cavity** | | | | | |
| | Oxygen therapy/ spirometry test** | | | | | |
| | simple dressing | | | | | |
| | supplies simple external bleeding | | | | | |
| Participates in house visits | | | | | | |
| | | | TOTA | L SCORE | | |

| aluation is made by the manager / tutor of the practice in the ward/department where practical training is realized | | | | |
|---|--|--|--|--|
| | | | | |
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| | | | | |
| Stamp of the ward/Department | (signature and stamp of practice supervisor) | | | |

Evaluation of student professionalism*

| | POINTS 0-2point | Remarks |
|---|--------------------|---------|
| External appearance (eg ID, clean, ironed coat) | | |
| Punctuality | | |
| Motivation and involvement | | |
| Follows the principles of aseptic and antiseptic | | |
| Reliability of executed commands and activities | | |
| Knowledge and ability to use medical terminology | | |
| Ability to apply medical knowledge | | |
| Ability to present and discuss clinical cases | | |
| Ability to communicate with patients | | |
| Ability to communicate with staff | | |
| Ability to plan work | | |
| Empathy | | |
| Adherence to ethical principles | | |
| Assessment of progress in carrying out tasks | | |
| The potential for professional development and scientific | | |
| Total score: | | |

| Evaluation is made by the manager / tutor of the practice in the ward/department in which the practice is realized | | | | |
|--|--|--|--|--|
| | | | | |
| | | | | |
| | | | | |
| Stamp of the ward/Department | (signature and stamp of practice supervisor) | | | |



Certification of Summer Professional Practice General Practitioner Office in basic skills and treatments



| Student of the 2 nd year of medicine (6-year Master degree 1 | program) at the Faculty of Medical Sciences |
|---|---|
| at University of Warmia and M | azury in Olsztyn, |
| Mr/Ms completed Summer Professional Practice consistent to the ab held from to | ove-mentioned program of 90 hours (3 weeks) |
| Final evaluation*: Evaluation is made by UWM practice coordinator | (signature and stamp of the UWM practice coordinator) |
| rudents are evaluated on the scale from 1 to 5 (1 - insufficiently \rightarrow 5 - very good): ew knowledge, participation and involvement on the summer professional practice gistical and substantive preparation of the ward in where the training is realized | |





EMERGENCY DEPARTMENT or AMBULANCE SERVICE STATION

Program and Regulations

Approved by Resolution of the Faculty Council of Medical Sciences, University of Warmia and Mazury in Olsztyn, Implemented from the academic year 2015-2016

During the summer practice in the Emergency Department or Ambulance Service Station after 2nd year of master degree program in medicine, each student is required to:

- 1. get acknowledged with specifics of the organization and work in Emergency Department (ED) or Ambulance Service Station (ASS).
- 2. understand the basic procedures of the ED/ASS and the powers of its staff working in such areas as reception, examination, diagnosis and care of patient who comes to the ED (ie keeping records related to the adoption, testing, orders and instructions to the patient, etc., to carry out research subject and object, keeping the pages of history of the disease, diagnosis, treatment, etc.).
- 3. participate in the medical report.
- 4. participate in patient transfer/admission to the ED, get acknowledged with the procedures connected with method of preparing the files and the patient transfer to other ward with the applicable rules and procedures.
- 5. participation in all procedures of the team/ emergency department.
- 6. presentation of patient basic life parameters, (including pressure, pulse, temperature, diuresis, defecation, characteristics and features of the secretions, ie. type and amount of fluids, etc.).
- 7. presentation of patient current state and the disease course.
- 8. acquire the patient physical examination, improvement of the interview and physical examination (skills already gained).
- 9. monitor and control patient with a particular focus on vital signs
- 10. keep medical record in accordance with the applicable rules and procedures
- 11. get acknowledged with the rules of patient qualification, according to injuries, qualification for diagnostic treatment (indications/contraindications) and so-called "minor" treatments.
- 12. obey principles of asepsis and antisepsis.
- 13. participate in the elaboration and implementation of medical orders.
- 14. participate in the patient preparation and referral to the appropriate department/ward, non-invasive/ invasive diagnostic treatment.***
- 15. participation in the service of ER Ambulance to emergency situations and internal, surgical, pediatric, gynecological-obstetric, etc. patients.****
- 16. participate in educational training in the ED/ASS.

*** in case of Emergency Department

**** in case of Ambulance Service Station

| Skills | | Obligatory participation in treatments/ activities | | | Grade | |
|--|--|--|--|-------------------|--------------|---------|
| | | Independent | with the assistance/ supervision | as an observer | (0-2 points) | Remarks |
| | eg hand washing, hygiene and disinfection | | | | | |
| Follows the rules of asepsis and antisepsis | how to prepare dressings | | | | | |
| | how to prepare tools/ tools for surgery/ tools for sterilization | | | | | |
| | General problems and complaints | | | | | |
| Participates in physical examination (medical history) | previous history of the disease | | | | | |
| | Family history | | | | | |
| | Head | | | | | |
| Participates in physical examination (physical) | Neck | | | | | |
| | Chest | | | | | |
| | Abdominal cavity | | | | | |
| | Limbs | | | | | |
| | Medical interview | | | | | |
| Participates in completing the pages of history of the | physical examination | | | | | |
| disease in the area: | Diagnosis | | | | | |
| | Treatment | | | | | |
| | Pressure | | | | | |
| Performs measurement and monitoring | Pulse | | | | | |
| | Temperature | | | | | |
| Monitors and analyzes / Participates in / | glucose – using eg. test strips | | | | | |
| | Qualified for Outpatient Treatment | | | | | |
| Performs interview and physical examination and under doctor supervision completes/observes how to | Qualified for Vital signs treatment | | | | | |
| complete patient card admitted to the ER | Emergency Duty for observation *** | | | | | |
| | For planned treatment*** | | | | | |
| Monitors selected vital signs | Cardiomonitor | | | | | |
| Wollitors selected vital signs | Oximeter | | | | | |

^{***} only in case of Emergency Department

Basic skills and procedures in Emergency Department/ Ambulance Service Station part 2*

| Skills | | Obligatory par | ticipation in treatr | Grade | | |
|---|---|----------------|--|-------------------|--------------|---------|
| | | Independent | with the assistance/ supervision | as an observer | (0-2 points) | Remarks |
| | Child life threat | | | | | |
| Can assess basic states | Adult life threat | | | | | |
| Participates in medical emergency services | | | | | | |
| Assess the psychophysical state of the patient | | | | | | |
| Knows how to lay injured/patient in safe position | | | | | | |
| Knows to restore the patency of the respiratory tract | | | | | | |
| Knows how to restore the heart action/ cardiac resuscitation | | | | | | |
| Knows the rules of the first aid as well as anatomical differences of the newborn/child/adult | | | | | | |
| Participates in resuscitation activities | | | | | | |
| Knows rescue equipment and knows how to use it | | | | | | |
| Knows the first aid kit and knows how to use it | | | | | | |
| Knows drugs and knows how to use them, that are: | In ambulance **** In Emergency Department*** | | | | | |
| Knows the rules and knows how to handle burns | | | | | | |
| Knows the rules and knows how to deal with injuries | | | | | | |
| Knows the rules and knows how to deal with poisoning | | | | | | |
| Knows the rules and knows how to handle bites | | | | | | |
| Knows the rules and knows how to deal with death/ donor | | | | | | |
| Diagnostics, knows the indications/ contraindications to perform tests | Diagnostic tests, laboratory, radiology | | | | | |
| perform tests | Takes part in the ECG | | | | | |
| | Oxygen therapy | | | | | |
| Takes part in the procedures and treatments | Assisted and controlled ventilation | | | | | |
| Takes part in the procedures and treatments | Catheterization of the bladder | | | | | |
| | Drainage of the pleural cavity/ peritoneum | | | | | |
| ***Takes part in the consultation of internal medicine, sur | gery patient etc. | | | | | |

^{***} only in case of Emergency Department

| | | | atory parti atments/ a | _ | Grade | |
|--|--|--|---------------------------|-------------------|--------------|---------|
| Skills | | independent with the assistance/ supervision | | as an observer | (0-2 points) | Remarks |
| | imaging tests: | | | | | |
| Analyzes / tries to interpret the results of | chest X-ray, X-ray abdominal cavity, USG | | | | | |
| diagnostic tests: | Study: ECG | | | | | |
| | Laboratory | | | | | |
| | arterial blood, capillary blood | | | | | |
| Knows the rules of taking / protecting material for diagnostic tests | venous blood | | | | | |
| | blood for fungal culture | | | | | |
| | Urine Other Fluids | | | | | |
| | assess the current status of the patient | | | | | |
| Knows how to: | assess the general status of a unconscious patient | | | | | |
| | (awareness, circulation, breath) | | | | | |
| | assess the state of hydration / dehydration | | | | | |
| | determine the amount necessary to make up for deficiency of liquid | | | | | |
| | resuscitation | | | | | |
| | Immobilization: supplies the broken bones | | | | | |
| Knows the rules of the first aid/ performs | Intravenous peripheral injection | | | | | |
| The state of the s | simple dressing | | | | | |
| | supplies simple external bleeding | | | | | |
| | Wounds sewing | | | | | |
| Recognizes and understands the basic patho | ogenesis of general diseases | | | | | |
| Knows and Recognizes the core symptoms | | | | | | |
| Recognizes the core disease units in particu | lar of life threat situations | | | | | |
| | | | TOTA | L SCORE | | |

Evaluation of student professionalism*

| | POINTS 0-2point | Remarks |
|---|--------------------|---------|
| External appearance (eg ID, clean, ironed coat) | | |
| Punctuality | | |
| Motivation and involvement | | |
| Follows the principles of aseptic and antiseptic | | |
| Reliability of executed commands and activities | | |
| Knowledge and ability to use medical terminology | | |
| Ability to apply medical knowledge | | |
| Ability to present and discuss clinical cases | | |
| Ability to communicate with patients | | |
| Ability to communicate with staff | | |
| Ability to plan work | | |
| Empathy | | |
| Adherence to ethical principles | | |
| Assessment of progress in carrying out tasks | | |
| The potential for professional development and scientific | | |
| Total score: | | |

| * Evaluation is made by the manager / tutor of the practice in the ward/department | nt in which the practice is realized |
|--|--|
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| | |
| (Stamp of the ward/Department) | (signature and stamp of practice supervisor) |

| | th which they met during 0-500 words). | |
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Certification of Summer Professional Practice at the



EMERGENCY DEPARTMENT

or

AMBULANCE SERVICE STATION

in basic skills and treatments

| Student of the 2 nd year of medicine (6-year Mast | ter degree program) at the Faculty of Medical Sciences |
|---|---|
| University of Warm | ia and Mazury in Olsztyn, |
| completed Summer Professional Practice consister | nt to the above-mentioned program of 30 hours (1 week) to 2017. |
| Final evaluation*: | (signature and stamp of the UWM practice coordinator) |
| Students are evaluated on the scale from 1 to 5 (1 - insufficiently \rightarrow 5 - very good): new knowledge, participation and involvement on the summer professional practice logistical and substantive preparation of the ward in where the training is realized | (signature of the student) |